





Congregate March Menu 2019

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Baked Macaroni & Cheese Zucchini Mixed Greens Whole Grain Corn Muttin Margarine Fresh Pear Milk
4 Chicken Parmesan Succotash Vegetable Blend Steamed Cauliflower Potato Roll Margarine Fresh Fruit Salad Milk	5 Meat Loaf W/ Tomato Gravy Nantucket Vegetable Blend Mashed Potatoes Golden Apple Margarine Wheat Roll Milk	6 Turkey Burger w/cheese Vegetable Blend Lettuce & Tomato Bun Mayo & Mustard Fruit Cocktail Milk 	7 Beef Barley Soup w/Veggies Tossed Salad w/Tomatoes Salad Dressing pk Big Buttermilk Biscuit Honey pk Fresh Orange Margarine Milk	8 Pork Chop w/Gravy Rainbow Squash Veggie Mix Sweet Peas Fresh Apple Wheat Roll Margarine Milk
11 Beef Sirloin Tips w/Gravy California Blend Mashed Potatoes Sliced Wheat bread Margarine Oven Baked Apples Milk	12 Turkey Tetrizzini Riviera Vegetable Blend Baby Carrots Corn Muffin Margarine Berry Blend Applesauce Salad Dressing Packet Milk	13 Country Style Chicken Patty Sicilian Vegetable Blend Sliced Beets Banana Bread Margarine Fresh Orange Milk	14 New Orleans Stir Fry Brown Rice Green Beans Honey Roll Birthday Cake Margarine Milk Fortune Cookie 	15 Alaskan Pollock Loin Tossed Salad w/Tomatoes Winter Blend w/Cheese Sauce Salad Dressing pk Whole Grain Muffin Diced Fruit Mix Lemon Juice Pk Milk
18 Beef Patty in Broth Brussel Spouts Maple Glazed Sweet Potatoes Multi-Grain Roll w/Margarine Golden Apple Milk	19 Turkey Polish Sausage Normandy Blend Vegetables Red Cabbage Tropical Fruit Salad Whole Wheat Bun Margarine Milk 	20 Pan Baked Chicken Potpie w/ Stewed Vegetables Zucchini & Tomatoes Warm Peaches Whole Wheat Bun Margarine Milk	21 Beef Steak Chili Caribbean Vegetable Blend Chuck wagon Vegetable Sourdough Roll Margarine Fruit Cup Milk Cookie of the month	22 Vegetable Lasagna Chopped Spinach Cozumel Vegetable Blend Sliced Bread Margarine Cantaloupe Chunks Milk
25 Ravioli w/Ricotta Cheese And Meat Sauce Caribbean Vegetable Blend Chuck wagon Vegetable Sourdough Roll Margarine Jell-O Fruit Cup Milk	26 Beef Liver w/Gravy Garlic Mashed Potatoes Sweet Peas Sliced Dinner Roll Margarine Margarine Margarine Margarine Margarine Margarine Margarine Milk	27 Chargrilled Chicken Breast Rainbow Broccoli Squash Redskin Potato Wedges Whole Wheat Roll Margarine Margarine Margarine Margarine Milk	28 Boneless Rib In BBQ Sauce Peas & Carrots Salad Blend /w Sliced Tomatoes Sliced Sub Bun Cinnamon Applesauce Milk	29 Sloppy Joe Garden Pasta Veggie Blend Cauliflower Florets Apple Brioche Bun Milk 

PLEASE CALL INTO THE CENTER THE DAY BEFORE BY 1:00 PM TO SCHEDULE FOR LUNCH 810-658-1566