




Congregate January Menu 2019

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Chicken Parmesan Succotash Vegetable Blend Steamed Cauliflower Potato Roll Margarine Fresh Fruit Salad Milk	Beef Pasty w/ Gravy Nantucket Veggie Blend Stewed Tomatoes Applesauce Margarine Milk	Pork Ham Patty w/Pineapples Scalloped Potatoes Key Biscayne Vegetable Blend Wheat Roll Margarine Sliced Peaches Milk	Beef Sirloin Tip w/Gravy Sugar Snap Peas Mashed Potatoes Sliced Wheat Bread Margarine Oven Baked Apples Milk	White Cheddar Mac Baby Carrots Broccoli Florets Whole Grain Corn Muffin Margarine Pineapple Tidbits Milk
7	8	9	10	11
Chicken Cordon Bleu Rainbow Broccoli Squash Mix Redskin Potato Wedges Whole Wheat Roll Margarine Sliced Pears Milk	Turkey Tetrazzini Riviera Vegetable Blend Corn Baked Margarine Strawberry Applesauce Salad Dressing Pk Milk	Country Style Chicken Patty Baby Carrots Sliced Beets Banana Muffin Margarine Fresh Orange Milk	Pot Roast w/Gravy Mashed Potatoes Green Beans Wheat Roll Birthday Cake Margarine Milk	Alaskan Pollock Loins Tossed Salad w/Tomatoes Winter Blend Vegetables Salad Dressing pk Whole Grain Muffin Diced Fruit Mix Lemon Juice Pk Milk
14	16	17	18	18
21	22	23	24	25
	Pepper Steak Patty w/Gravy In Beef Broth Brussel Sprouts Maple Glazed Sweet Potatoes Multi-Grain Roll w/Margarine Golden Apple Milk	Turkey Coney Normandy Blend Vegetables Sauerkraut & Diced Onions Tropical Fruit Salad Whole Wheat Bun Margarine Milk	Pan Baked Chicken Potpie w/ Stewed Vegetables Zucchini & Tomatoes Biscuit Pineapple Chunks Cookie Of the Month Margarine Milk	Vegetable Lasagna Chopped Spinach Cozumel Vegetable Blend Sliced Bread Margarine Fruit Salad Milk
28	29	30	31	
Beef Steak Chili And Meat Sauce Caribbean Vegetable Blend Chuck wagon Vegetable Sourdough Roll Margarine Fruit Cup Milk	Beef Liver w/Gravy Garlic Mashed Potatoes Sweet Peas Sliced Dinner Roll Margarine Sliced Peaches Milk	Chargrilled Chicken Breast Far Fast Vegetable Blend Sliced Carrots Sourdough Dinner Roll Margarine Mandarin Oranges Milk	Salisbury Steak w/gravy Steamed Spinach Mashed Potatoes Multi-grain Roll Fresh Pear margarine Milk	